


GLEN ROCK HIGH & MIDDLE SCHOOL – June 2025



AVAILABLE DAILY

Monday 2	Popcorn Chicken Bowl	<i>Deli Central</i>	Assorted Grab & Go Sandwiches		
Tuesday 3	Chicken Cordon Bleu w/ Sweet Potato Fries		Pizzeria Pizza		PIZZA ZONE
Wednesday 4	Burger Bar	AMERICAN GRILLE	Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce		
Thursday 5	Breakfast Platter		Pasta with Meatballs & Marinara Sauce		<i>Daily Dish</i>
Friday 6	Pasta w/ Assorted Sauces and Proteins w/ Garlic Bread	FRESH FARMISTAND	Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials		

Fruits & vegetables from The Farm Stand are included w/ lunch. **A complete meal includes:** Entrée w/ Protein/Grain, a Trip to The Farm Stand & a Choice of Milk.
All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at comments@pomptonian.com.
Menu Subject to Change.



Allergy-Aware menus are available for students with food allergies. For more information, contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.



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Monday 9	Beef Nachos	<i>Deli Central</i>	Assorted Grab & Go Sandwiches	
Tuesday 10	Homemade Mac & Cheese w/ Garlic Bread Homemade Buffalo Chicken Mac & Cheese w/ Garlic Bread	VEGETABLE OF THE MONTH  LOCALLY GROWN ZUCCHINI	 Pizzeria Pizza	PIZZA ZONE
Wednesday 11	Pork Sausage & Pepper Subs Pork Sausage & Pepper Pasta w/ Local Grilled Zucchini	AMERICAN GRILLE	Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce	
Thursday 12	Walking Beef Tacos		Pasta with Meatballs & Marinara Sauce	<i>Daily Dish</i>
Friday 13	Homemade Baked Ziti	FRESH FARMISTAND	Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials	

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**FOOD
ALLERGIES**


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Monday 16	Meatball Parmesan	   	Assorted Grab & Go Sandwiches	 
Tuesday 17	Popcorn Chicken Bowl		Pizzeria Pizza	
Wednesday 18	"Panthers" Stuffed Subs		Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce	
Thursday 19	Chicken Teriyaki w/ Vegetable Egg Roll		Pasta with Meatballs & Marinara Sauce	
Friday 20	Organic Bacon Cheeseburgers w/ Seasoned Potato Wedges Organic Cheeseburgers w/ Seasoned Potato Wedges Organic Beef Burgers w/ Seasoned Potato Wedges		Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials	

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Monday 23	6' Assorted Subs w/ Chips	  Pizzeria Pizza  	Assorted Grab & Go Sandwiches	 
Tuesday 24	NO LUNCH			
Wednesday 25	NO LUNCH			
Thursday 26	NO LUNCH			
Friday 27	NO LUNCH			

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Monday 30	HAVE A GOOD SUMMER	  Pizzeria Pizza  	Assorted Grab & Go Sandwiches  Pizzeria Pizza Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce Pasta with Meatballs & Marinara Sauce Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials	 

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